



A Note From the Editors

Inspirations for the Tibetan New Year

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Happy Losar! Hope you all are enjoying the new *Voice of Clear Light!* In this issue we focus on a teaching about impermanence given by Geshe Tenzin Wangyal Rinpoche during last summer's retreat: a timely message as the Tibetan New Year begins and we face many new challenges.

For us, adapting to this new and improved version of *VOCL* has been a challenge and an impermanence practice. We are still trying to let go of habits and attachments related to the old text-based email version and have faced a steep computer learning curve. But as we complete this fourth issue in the new format, the rewards of our efforts are becoming more and more evident. There is a wonderful small group of big hearts (and brains) helping to make *VOCL*

happen. We are enriched and connected through their help and dedication. We also appreciate those of you — subscribers, friends, sangha — who have let us know how much you appreciate getting this newsletter. Mostly we are grateful to be a part of this effort to manifest Rinpoche's vision.

Many of our readers have already discovered that Tenzin Wangyal Rinpoche and Ligmincha Institute are both now on Twitter. Rinpoche tells us that he plans to send occasional personal updates and inspirations from his travels worldwide; when you sign up with Twitter you can choose to access these "Tweets" either via the Internet or, within certain countries and with certain wireless services, as a text message to your cell phone. Learn more and view recent

posts at <http://voiceofclearlight.org/stay-in-touch> .

There's a new feature in the Tibet Shop column on the right — see if you can find it. In this issue you'll also find a Sangha Sharing piece on Losar accompanied by a photo montage. Both are visual treats – enjoy!

Be well and happy!

Aline and Jeff Fisher
Editors