



Chamma Ling Continues to Expand Its Offerings

Teachings in Colorado and New Mexico in May 2010

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We are very happy to announce that **Lama Lhari-la Kalsang Nyima** will be leading a series of retreats across Colorado and New Mexico throughout May:

- Ngondro Practice Retreat, May 8 - 9 near Denver, Colo.
- Soul Retrieval Teachings, May 15 in Crestone, Colo.
- The Five Elements, May 16 – 19 in Crestone, Colo.
- Dzogchen Practice Retreat, May 20 – 22 in Crestone, Colo.
- 'The Manifestations of Sherab Chamma,' May 29 – 30 in Santa Fe, N.M.

To learn more about these teachings, [visit the Chamma Ling Web site](#) . Be sure to also check out the wonderful possibilities offered by the solitary-retreat cabins at Chamma Ling, our remote retreat center in the mountains of Crestone, Colo. Discover why Pema Chodron, Reggie Ray, and many other senior practitioners choose Chamma Ling for their personal retreats.

[Learn more >](#)

Lhari-la Kalsang Nyima serves in residence several months a year at Chamma Ling, and is also resident teacher for Ligmincha Institute at Serenity Ridge. The traditional name “Lhari-la” is a form of respect meaning “painter of the gods” and reflects Lhari-la’s rigorous training as a thangka painter. Born in 1970 in the province of Dolpo, Nepal, Lhari-la comes from a family of many great Bon practitioners. At age 9 he became a monk at Samling Monastery, the oldest and most important monastery in Dolpo. There Lama Lhari-la trained intensively for 12 years in sutra and tantra and completed many long personal retreats. At age 21 he began four years of studies at Triten Norbutse Monastery under the close guidance of Yongdzin Tenzin Namdak Rinpoche, where he studied all aspects of the traditional Bon teachings and received a

complete cycle of dzogchen teachings. There he also learned techniques of traditional thangka painting, skills he deepened during five years of training at Ugyun Tulku's monastery in nearby Bhouda. An experienced teacher, in 2009 Lhari-la became resident teacher for Ligmincha Institute.