

Special Announcements Issue

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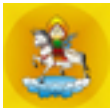


Summer Retreat 2011

His Holiness the 33rd Menri Trizen to Offer Blessings, Transmissions

We are excited and honored to announce that [His Holiness Lungtok Tenpai Nyima](#), spiritual leader of the Bon tradition, will be blessing us with his presence at the coming Summer Retreat and bestowing important initiations/transmissions. The three-week retreat at Ligmincha Institute's Serenity Ridge retreat center continues with precious dzogchen teachings from Geshe Tenzin Wangyal Rinpoche. The dates are June 25 through July 15, 2011. We invite you to join us for this rare and unique opportunity!

[Learn more >](#)



Job Opportunity at Ligmincha

A New Position: "Director of Outreach"

Ligmincha Institute has a job opening for a Director of Outreach. This full-time, on-site salaried position will involve marketing retreats and other events at Ligmincha Institute's Serenity Ridge Retreat Center to achieve the goal of maximizing attendance while expanding our on-site offerings. [More information >](#)



Update: Long-Life Mantras for Tenzin Wangyal Rinpoche

A Worldwide Gift for Rinpoche's Birthday

A few months ago *Voice of Clear Light* invited sangha members around the world to recite

Rinpoche's long-life mantra in honor of his upcoming 50th birthday. We hope you all have been reciting! A recent count of recitations done so far [More](#)

[≥](#)



Final in Series of Recorded Talks for 2010

View Teaching by Tenzin Wangyal Rinpoche, Recorded Live Nov. 16

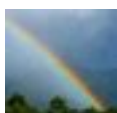
Geshe Tenzin Wangyal Rinpoche recently gave his final live Webcast of 2010 on Tuesday, Nov. 16, during a free public talk offered in partnership with Unity Church, Charlottesville, Va. His teaching, "Nourishing Your Inner Being," was recorded.

[View 85-minute teaching >](#)

[View guided meditation only >](#)

A wonderful series of talks and Webcasts are already planned for 2011. The first scheduled Webcast will be a guided dzogchen practice by Geshe Tenzin Wangyal Rinpoche to be given on April 17 from 12 noon – 1:15 p.m. Eastern Time (New York time). It will be followed soon thereafter (April 20) by a live broadcast of a public talk by Rinpoche, marking the start of a series on how to unleash your creativity. So mark your calendar!

[Full schedule of 2011 Webcasts >](#)



International Sangha News ☐ ☐ ☐

Students Report From Around the World Entering Through the Three Doors

Sangha member Karolina Seltenheim of Austria shares her experiences surrounding recent retreats in Austria and at Serenity Ridge, and retreatants share their photographs.

The 2010 Summer Retreat at Serenity Ridge on the Three Doors was an opportunity for me to deepen my [More>](#)



Upcoming Retreats

Ligmincha's Serenity Ridge Retreat Center

The retreats described below will take place at [Serenity Ridge](#), Ligmincha Institute's retreat center in Nelson County, Va. To register or for more information, click on the links below, or contact us at Ligmincha@aol.com or 434-263-6304.

Dec. 27, 2010 - Jan. 1, 2011

Dzogchen: The View, Meditation, Behavior, and Result

The Experiential Transmission of Zhang Zhung, Part 3

With Tenzin Wangyal Rinpoche

[The Experiential Transmission of the Zhang Zhung Masters](#) is the centerpiece of Geshe Tenzin Wangyal Rinpoche's dzogchen teachings and is presented at Serenity Ridge each year at our winter retreat. *Prereq*

quisite:

Practitioners who have already received the Part 2 or higher-level teachings in a previous cycle of these teachings are warmly invited to attend this retreat.

[Learn more or register >](#)

Extend your stay! You may stay up to three days after the winter retreat for personal retreat time. For more information or to register for an extended stay, contact the Ligmincha office at ligmincha@aol.com or 434-263-6304.

April 13 - 17, 2011

Living With Joy, Dying in Peace

Gaining Comfort and Intimacy With the Dying Process

Annual Spring Retreat With Geshe Tenzin Wangyal Rinpoche

Denying our own mortality not only separates us from the vibrancy of living in the moment, it also leaves us ill equipped for the critical moment when death comes to ourselves or to our loved ones. The Bon Buddhist tradition is rich with knowledge and methods for using this Great Moment wisely. Through teachings and guided meditations, in this five-day retreat Geshe Tenzin Wangyal Rinpoche will help us to: recognize death as a doorway to opening the heart and achieving self-realization; prepare for our own death; and learn how to promote a more

peaceful, uplifting dying process in others.

[Learn more or register >](#)

May 18 - 22, 2011

Self-Purification Through the Five Enlightened Bodies

With Khenpo Tenpa Yungdrung Rinpoche

Please join us this May for these special teachings with [Khenpo Tenpa Yungdrung Rinpoche](#), abbot (khenpo) of Tritten Norbutse Monastery in Kathmandu, Nepal. A powerful means of purifying oneself on all levels of experience, these teachings from the ancient

Zhang Zhung Nyen Gyu

cycle of dzogchen teachings have never before been offered at Ligmincha.

[Learn more or register >](#)

June 25 - July 15, 2011

A View From the Heart: Purifying Your Vision Through the Practice of the Six Lamps

Annual Summer Retreat With Honored Guest H.H. Lungtok Tenpai Nyima Rinpoche

and Geshe Tenzin Wangyal Rinpoche

Everyone is cordially invited to join us this summer for a rare and unique opportunity to receive teachings and transmissions from His Holiness Lungtok Tenpai Nyima Rinpoche, the 33rd Menri Trizen; and Geshe Tenzin Wangyal Rinpoche, founder and spiritual director of Ligmincha Institute. Ligmincha's annual Summer Retreat is open to newcomers and longtime students alike. **Registration will be open online beginning Dec. 20, 2010.**

[Learn more >](#)

To register for any of the above retreats, or for more information about teachings in the Bon Buddhist tradition of Tibet, please contact us at

mincha@aol.com

or 434-263-6304, or go to:

[Lig](#)

<https://www.ligmincha.org/retreats/retreats.html>