

Special Announcements Issue

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Letters from the Editors and the Director

Wonderful Summer Retreat, Happy 20th and Thank You Rinpoche!

Hi Everyone,

This issue of Voice of Clear Light is dedicated to Polly Turner, who is retiring as Ligmincha's Director of Communications (and associate editor of VOCL). Our gratitude for her leadership, teamwork and friendship is huge and continues to inspire us to work together in our shared devotion to the Bon teachings and our teacher, Tenzin Wangyal Rinpoche. Thank you so much for your bright and shining light, Polly! [More>](#)
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Beginning the Transformation

A Letter From Gabriel Rocco, Chair, Ligmincha Board of Directors

During the first week of celebrating the 20th Anniversary of Tenzin Wangyal Rinpoche's Summer Retreats at Ligmincha Institute, we began the process of transforming the Institute into a sustainable and unified international organization. Representatives from many of Rinpoche's centers worldwide traveled to Serenity Ridge [](#)[More>](#)[](#)

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The Dialog Begins

International Ligmincha Reps Share Perspectives From Summer Retreat

As Gabriel Rocco noted in his letter in this issue, Ligmincha Institute has begun the process of bringing all its worldwide centers and sanghas into a single sustainable organization. Many international Ligmincha representatives responded to Ligmincha's invitation to gather at the 2012 Summer Retreat at Serenity Ridge. Two international representatives—Lidia Castellano of Ligmincha Italy and Oliver Wirtz of Ligmincha Germany—share their perspectives and experiences surrounding this groundbreaking event. [More>](#)



Two New Online Courses with Tenzin Wangyal Rinpoche

Beginning August 7: "Awakening the Luminous Mind"

There's still time to register for this three-session online audio course with Tenzin Rinpoche, sponsored by Hay House Publishers: **"Awakening the Luminous Mind: Tibetan Meditation for Finding Inner Refuge."** The online course (now just \$49) takes place on three consecutive Tuesdays in August: 8/7, 8/14 and 8/21 from 4–5:30 p.m. Pacific Daylight Time (7–8:30 p.m. Eastern Daylight Time—New York City).

[Learn more/register](#)

"Tibetan Dream Yoga," a new online workshop with Tenzin Wangyal Rinpoche to be held Sept. 15–Oct. 14, 2012, is offered through GlideWing Productions. In this interactive four-week workshop, Geshe Tenzin Wangyal Rinpoche guides you through each step of the practice of Tibetan Dream Yoga, providing continued support for the entire four weeks of the workshop.

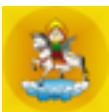
[Learn more/register](#)
[](#)



Transforming Your Life Through The Three Doors

Edited excerpts from Tenzin Rinpoche's □ Summer Retreat Teachings

My tradition of Tibetan Bon has much wisdom to offer to others. Over the years, I have witnessed teachers with so much to give but few able to receive the benefit of their teaching. This is sad to me. So I have lived with the question of how to bring these teachings to those who can benefit. In teaching and traveling throughout the world, [More>](#)
[](#)



Sept. 22–23 Tibetan Medicine Presentation and Consultations

Tibetan Doctor Amchi Thupten Tsering Visits Ligmincha for First Time

Ligmincha Institute is happy to welcome Tibetan medicine doctor and holistic health care practitioner Amchi Thupten Tsering to Serenity Ridge for the first time on Sept. 22–23, 2012.

Amchi Thupten, a certified Tibetan doctor and holistic health care practitioner, will present [Mor](#)

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Dalai Lama in Charlottesville During Fall Retreat

Retreat Participants Can Attend Dalai Lama Event Oct. 11

Those who attend Ligmincha Institute's annual fall retreat with Tenzin Wangyal Rinpoche will have an opportunity to travel to nearby Charlottesville, Va., on Oct. 11 to see the His Holiness the Dalai Lama during his visit to that city. Tickets go on sale Aug. 17 and are expected to sell out quickly. [More>:](#)
[:](#)



On Integrating Practice into Daily Life

View Videos of Rinpoche's Teaching Recorded During Summer Retreat

In a five-part video series, Tenzin Wangyal Rinpoche explains how to integrate meditation practice into everyday life. Rinpoche's teaching took place on July 11, 2012, at Ligmincha Institute's Serenity Ridge Retreat Center, during Ligmincha's 20th Annual Summer Retreat. Thanks go to Chas Marsh for editing these videos for all of us to see, and so quickly! Parts 3 through 5 are still to come and will be posted on Ligmincha's website.

[Watch Parts 1 and 2](#)



Sangha Sharing

More Glimpses of Summer Retreat at Serenity Ridge

Students share some writings and photos inspired by this summer's retreat with Tenzin Wangyal Rinpoche. Thanks everyone for sharing!

(Editors' Note: For those of you who haven't heard, a huge windstorm (derecho) swept across the Eastern U.S., including Serenity Ridge, [More> More](#);



Just Released!

Ligmincha Europe Magazine—Summer 2012 Issue

Highly recommended for downloading or online reading! Included in this issue: a biography of Khyung Tul Rinpoche (deemed to be Tenzin Wangyal Rinpoche's previous incarnation); an interview with physicist Scott Clearwater on the relationship between physical reality and the pith dzogchen teaching "The Fivefold Teaching of Dawa Gyaltsen"; news about Lishu Institute (slated to open October 2013); and much more.

[Read it online now](#)



View Recorded Webcast

Teaching and Guided Dzogchen Meditation With Tenzin Wangyal Rinpoche

Rinpoche gave a Dzogchen teaching on July 8 during the Summer Retreat that was broadcast live from Serenity Ridge Retreat Center.

[View this teaching](#)
[](#)



□ Upcoming Retreats

Ligmincha's Serenity Ridge Retreat Center

The retreats described below will take place at Serenity Ridge, Ligmincha Institute's retreat center in Nelson County, Va. To register or for more information, click on the links below, or contact us at registration@ligmincha.org or 434-263-6304.

Oct. 10–14, 2012

Awakening the Luminous Mind

Annual Fall Retreat □

With Geshe Tenzin Wangyal Rinpoche

Registration now open! Dzogchen teachings based on Tenzin Wangyal Rinpoche's newest book , *Awakening the Luminous Mind: Tibetan Meditation for Inner Peace and Joy*.

[Learn more or register](#)
[](#)

Nov. 1–4, 2012

Tibetan Yoga, Part 2

With Alejandro Chaoul

Prerequisite: This retreat is open to students who have attended the Part 1 teachings of Trul Khor (Zhang Zhung Nyen Gyu cycle) at any time since Jan. 1, 2000.

[Learn more or register](#)

Nov. 10–11, 2012

Beginner's Mind—Starting a Meditation Practice

With John Jackson

A new, two-day beginner's meditation retreat with John Jackson.

[Learn more or register](#)

[](#)

Dec. 27, 2012–Jan. 1, 2013

Winter Retreat 2012: Experiential Transmission, Part 5

Dzogchen Teachings With Geshe Tenzin Wangyal Rinpoche

Online registration is now open! *Prerequisite:* Participants must have received the teachings for Parts 1, 2, 3 and 4 of the Experiential Transmission of Zhang Zhung in order to attend these Part 5 teachings.

[Learn more or register](#)

To register for any of the above retreats, or for more information about teachings in the Bon Buddhist tradition of Tibet, please contact us at registration@ligmincha.org or 434-263-6304, or visit the [Ligmincha Institute website](#) .