



Letter From the Editors

Rinpoche's New Book Coming Soon

Dear Friends,

We have some wonderful news: A new book by Geshe Tenzin Wangyal Rinpoche will be published in June!

Awakening the Luminous Mind: Tibetan Meditation for Inner Peace and Joy, edited by Marcy Vaughn, is being published by Hay House. It will be available for general distribution in June but will arrive in the Ligmincha bookstore in late May, and can be

[pre-ordered now](#)

. In this issue, we've included an excerpt from the new book. Enjoy!

We are looking forward to [Ligmincha's 20th Annual Summer Retreat](#) and hope you'll take advantage of the chance to celebrate with old friends, meet new friends and reconnect with our teacher. This year's summer retreat (June 24–July 14) continues the teachings of the Six Lamps (Part 2) from the

Oral Transmission of Zhang Zhung

, the most important cycle of dzogchen teachings in the Bon Buddhist tradition of Tibet. It's open to both beginners and experienced students. Geshe Nyima Kunchap Rinpoche (who also is teaching Ligmincha's two-year Soul and Life-Force Retrieval training program) and other visiting Bon lamas will also grace us with their presence at this retreat.

[Register soon](#)

for the summer retreat—the early-bird deadline is May 14.

Thank you, Rinpoche, for your presence, inspiration and joy.

In Bon,

Aline and Jeff Fisher