



### Two Free Webcasts and an Online Workshop

In Coming Days With Tenzin Wangyal Rinpoche



The next scheduled webcast of Tenzin Wangyal Rinpoche will be **Saturday, April 14, from 4:30–6 p.m.** Eastern Daylight Time U.S. (New York time). It will be broadcast live during an afternoon teaching by Rinpoche at the spring retreat, "Bring Your Life into Bloom: Exploring the Creative Process." This will be the first time the online audience will have a taste of Rinpoche's teachings in a retreat environment.

On **Tuesday, April 17, 2012, from 7–8:30 p.m.** EDT, Rinpoche will broadcast live during a free public talk on "Freeing Yourself From Guilt, Blame and Shame" offered in partnership with Unity Church in Charlottesville, Va.

[Learn more about the webcasts and enter the broadcast page](#)

There's still time to register for the next three-week Tibetan Sound Healing workshop with Tenzin Wangyal Rinpoche. This course, offered in an interactive online format, will take place from **April 21 through May 13, 2012**. Through instructional videos Rinpoche will explain and guide the practice of ancient sound healing techniques. You can progress through the practices from the comfort and privacy of your own home, and Rinpoche will make himself available to provide guidance and answer questions.

[Learn more and register](#)