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## 'Awakening the Sacred Arts: Discovering your Creative Potential'

**Online GlideWing Workshop Begins Sept. 21** 



The next four-week GlideWing online workshop with Geshe Tenzin Wangyal Rinpoche, "Awakening the Sacred Arts: Discovering your Creative Potential," begins Saturday, Sept. 21, 2013. Learn and practice from your own home, at your own schedule, with personal guidance from Geshe Tenzin Wangyal Rinpoche.

This four-week workshop (Sept. 21–Oct. 20) is for anyone who seeks to usher a vision into reality, whether through creative problem-solving, personal growth, or bringing creative artistry to a whole new level. Workshop participants will be encouraged to devote daily time to meditation practice and to pursuing their personal creative process. Join us for this opportunity to free yourself from creative obstacles, nurture your capacity for joyful self-expression, and make positive changes in your life.

Learn more/view introductory video

This workshop will be followed by another, three-week GlideWing online workshop, "Tibetan Dream Yoga," from Nov. 16 through Dec. 8, 2013. Learn more