

Teachings Issue

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Listen to Free Online Conversation with Tenzin Wangyal Rinpoche

Part of Hay House World Summit Starting June 4



Listen to a free hour-long conversation with Tenzin Wangyal Rinpoche online from June 4–10. Rinpoche will talk about "Awakening to the Peace Within."

Tenzin Rinpoche's conversation is part the Hay House World Summit, which is bringing together 110 hour-long conversations with world renowned experts from the personal growth field to share the practical, applicable ways in which they incorporate their teachings into their own lives. The free interviews will be posted online beginning June 1, and at least 10 audio teachings will be released each day.

Rinpoche's conversation will be available starting June 4. He teaches how groundedness, confidence and inner peace are the benefits of meditation and a spiritually centered life. He also leads listeners through a meditation that helps them acknowledge and process the challenges they are facing in this moment as a way to begin awakening the mind.

You must sign up below before you can listen to the teachings. Then sign in using the same link to access the teachings at any time through June 10.

[Sign up for Hay House World Summit](#)