

Voice of Clear Light

Volume 15, Number 6 / December 2015



Seven GlideWing Workshops Planned for 2016

Workshops Include Personal Guidance from Tenzin Wangyal Rinpoche

Seven online workshops with Geshe Tenzin Wangyal Rinpoche are planned for 2016 through GlideWing productions.

The workshops allow participants to learn and practice from their own homes, at their own schedule, with personal guidance from Rinpoche.

Upcoming workshops are:

- **January 16–February 7, 2016:** [Awakening the Sacred Body](#)
- **March 5–April 3, 2016:** [Tibetan Dream Yoga](#)
- **April 30–May 22, 2016:** [Tibetan Meditation—Achieving Great Bliss Through Pure Awareness](#)
- **June 11–July 10, 2016:** [Awakening the Sacred Arts—Discovering Your Creative Potential](#)
- **August 6–28, 2016:** [Tibetan Sound Healing](#)
- **September 17–October 16, 2016:** [Tibetan Dream Yoga](#)
- **November 12–December 4, 2016:** [Healing from the Source—Meditation as Medicine for Body and Mind](#)

The online workshops feature:

- Personal guidance and support provided by Tenzin Wangyal Rinpoche, as you work with the practices
- Instruction via Internet-based video
- No set class times; instructional videos remain available throughout the course
- Practice in the comfort of your home, on your own schedule

- Easy-to-use course site

Learn more by clicking on the links above.