Announcements Issue

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Letter from the Editors

Ligmincha's Beautiful 25th Anniversary at Serenity Ridge

Dear Friends,

Tenzin Wangyal Rinpoche brought tears to everyone's eyes in honoring and giving thanks to all who helped create Ligmincha over the past 25 years during the 25th Anniversary commemoration at Serenity Ridge Retreat Center, headquarters of Ligmincha International, on October 22. So many special moments of joy, connection, prayer, love, creativity and gratitude were shared on the mountain in Virginia. More



Letter From Tenzin Wangyal Rinpoche

Year-End Reflections

Dear Sangha and Friends,

This has been a year of extraordinary change and transformation, not only for Ligmincha, but also for me personally and all followers of Bön. Ligmincha has begun to grow and expand in ways that none of us could have imagined even just a few years ago. More



Cyber-Sangha Week

Seven Days of Online Commemoration in Honor of Ligmincha's 25th Anniversary

From October 22–28, 2017, Ligmincha International hosted Cyber-Sangha Week, a special online commemoration of the 25 years since the founding of Ligmincha by Geshe Tenzin Wangyal Rinpoche.

Below are links to the many videos, photographs and other posts created and shared by the worldwide Ligmincha centers and spiritual communities (sanghas) in observance of Cyber-Sangha Week. More



25th Anniversary Book Available! Purchase Commemorative Book Through PayPal

A new book commemorating the past 25 years of Ligmincha is now available for sangha and friends to purchase. The book was released October 22 during Ligmincha's 25th anniversary commemoration at Serenity Ridge Retreat Center, headquarters of Ligmincha International. $\underline{\mathsf{M}}$ ore



New Online Auction Begins December 1

Bid to Benefit Ligmincha International Programs Worldwide

This year for the first time, Ligmincha International is holding an online auction that will benefit the worldwide organization, which is celebrating its 25th anniversary this year. The auction, open to everyone, will take place from December 1–21. More



A Photo Montage from Serenity Ridge

Beautiful 25th Anniversary Had by All

Enjoy this montage of photos of from the 25th Anniversary and Fall Retreat at Serenity Ridge!

View photos



Tenzin Wangyal Rinpoche's 2018 Retreats at Serenity Ridge

Four Seasonal Retreats Scheduled

Geshe Tenzin Wangyal Rinpoche will teach four seasonal retreats at Serenity Ridge Retreat Center in 2018. Retreat topics include the five wisdoms, *tummo* (inner heat), *pow*a (the transfer of consciousness), and the final year of a five-year dzogchen series in December.

More



Will Gallik Is New Managing Director of Serenity Ridge

Looks Forward to Meeting Sangha Members

Serenity Ridge Retreat Center welcomes Will Gallik as its new managing director. Will began his new position in mid-October. More



TWR LIVE Pith Instructions Continue Through December on Flexible Schedule

Conversations Set for January 2 and 3, 2018

Geshe Tenzin Wangyal Rinpoche will continue his TWR LIVE teachings on the topic of Pith Instructions through the month of December on his Facebook page. Because of uncertain Internet access amid Rinpoche's extensive travels in coming days and weeks, there must be flexibility in the broadcast schedule. Visit the Ligmincha Learning website for schedule updates.



Ligmincha Learning Online Course Starts January 5

'The Three Heart Mantras'

Ligmincha Learning's next online course on "The Three Heart Mantras" with Tenzin Wangyal Rinpoche starts January 5, 2018. The five-week course will continue through February 10. More



January GlideWing Course

'Awakening the Sacred Body: The Tibetan Yogas of Breath and Movement'

The next GlideWing online workshop with Geshe Tenzin Wangyal Rinpoche, "Awakening the Sacred Body," will be held January 6–28, 2018. More



Program Updates from The 3 Doors

The Joy of Embodied Presence, Compassion Project Retreat, Next North American Academy

The 3 Doors is offering several events in 2018, including an interactive online program focusing on the doorway of the body, a residential retreat for Compassion Project participants and a new North American 3 Doors Academy. More

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Upcoming Retreats

Serenity Ridge Retreat Center

The retreats listed below will take place at Serenity Ridge Retreat Center, Ligmincha International headquarters located in rural Nelson County, Virginia. To register or for more information, click on the links below, <a href="mailto:emai

Winter Retreat: The Experiential Transmission of the Zhang Zhung, Part 4

with Geshe Tenzin Wangyal Rinpoche

Prerequisite: Previous completion of Parts 1, 2 and 3 of the Experiential Transmission of Zhang Zhung series.

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Learn more/register

April 13–15, 2018

Spring Retreat: The Five Wisdoms with Geshe Tenzin Wangyal Rinpoche

June 24-July 7, 2018

Summer Retreat: Tummo: Inner Fire of Realization

with Geshe Tenzin Wangyal Rinpoche

October 17–21, 2018

Fall Retreat: Powa: Transfer of Consciousness from the Bön Mother Tantra

with Geshe Tenzin Wangyal Rinpoche

December 27, 2018-January 1, 2019

Winter Retreat: The Experiential Transmission of Zhang Zhung, Part 5

with Geshe Tenzin Wangyal Rinpoche

Prerequisite: Previous completion of Parts 1, 2, 3 and 4 of the Experiential Transmission of Zhang Zhung series.

To register for any of the above retreats, or for more information about teachings in the Bön Buddhist tradition of Tibet, please <a href="mailto:emai