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**Letter from the Editors**

**The Wonder of It All**

Dear Friends,

The wonder and mystery of life can be experienced in the simplest of things: the sky, the sound of the wind in the trees, a pet's devotion, the loving relationship of father and son. Or it may arise while listening to Tenzin Wangyal Rinpoche's latest [webcasts](#) highlighting dzogchen pith instructions. We hope you enjoy Rinpoche's illuminating description of the beautiful gifts of being in the magic of the moment in this issue's teaching excerpt

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## **‘The Magic of a Life Lived in the Spacious Freedom and Fullness of Being’**

**Edited Excerpt from Rinpoche’s Teachings on the 21 Nails in Wilga, Poland, Summer 2016**

Usually when you try to clear obstacles, you put a lot of effort toward trying to control yourself, as well as trying to control someone else. In doing so, you make yourself and everyone else crazy. It just doesn't work. But when you rest and go deeper and connect with yourself, and find that inner sacred space in that moment, then the obstacles begin to dissolve. [More](#)

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### **Namgyal Khang (Victory House) to Open in April**

### **New Multipurpose Building at Serenity Ridge**

*The following article was written by Rob Patzig, president of Ligmincha International.*

After years of planning, fundraising and more than 15 months of construction, the new multipurpose building at Serenity Ridge, the headquarters of Ligmincha International, will open soon. A ribbon-cutting ceremony and blessing of the new building will take place on April 12 at 4:30 p.m., the first day of the [Spring Retreat](#) . [More](#)

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