

## Voice of Clear Light

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## Letter from the Editors

### A True Gem

Dear Friends,

This issue's teaching excerpt is from Tenzin Wangyal Rinpoche's live June webcast on "Shifting Your Pain Identity." Rinpoche addresses how we deal with our roles in life, our identities, and how these can bring us pain, but he also maps a way out—a way to shift the mind that grasps these identities so strongly. We are so thankful to have this teaching to share with you by way of Polly Turner who helps make the webcasts possible (and who also transcribed this talk), and thanks to Vickie Walter who is always there to help us make sure the words are as clear as possible in the written form, and also to Marcy Vaughn for her edits and clarifying final vision. Be sure to print out this gem of a teaching as it is not only a reminder to ourselves of how we keep getting stuck, but also offers us a glimpse of the way up and out—a way to become aware and not be so painfully attached to our identities.

Also in this issue: a letter from Tenzin Wangyal Rinpoche about the newly formed International Ligmincha Mandala Council; don't miss Rinpoche's upcoming free live webcast on Oct. 11; two new online workshops starting this fall; links to Spanish and now Portuguese translations for VOCL; link to the latest issue of *Ligmincha Europe Magazine*; and finally articles to tell you why you need to come to this year's Winter Retreat at Serenity Ridge and stay for a special practice retreat afterwards!

Enjoy!

All the Best in Bon,  
Aline and Jeff Fisher

