

Voice of Clear Light

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The True Source of Healing

A Free, Yearlong Course in the Tibetan Practice of Soul Retrieval



You are warmly invited to attend a free, yearlong course in Soul Retrieval! Beginning this January, Geshe Tenzin Wangyal Rinpoche will generously offer a series of monthly live webcast teachings on the topic, open to everyone from newcomers to experienced meditators. He is basing the series on his forthcoming book, *The True Source of Healing: How the Ancient Tibetan Practice of Soul Retrieval Can Transform and Enrich Your Life* (Hay House, summer 2015).

Rinpoche will start off the New Year—and the 2015 webcast series—on Saturday, Jan. 10, with a daylong Internet retreat, “Reconnecting with Your Joyful Essence: An Introduction to the Tibetan Practice of Soul Retrieval.”

This will be a wonderful opportunity to learn the practices of soul retrieval from your home computer, or—in some places around the world—in person at local group webcast screenings and guided meditation sessions. You can view just one webcast, or for truly life-changing benefits, commit to engage in the entire course. Soon after each live broadcast, Rinpoche plans to make a recording of the webcast and its guided practice available so you can view and

review any webcast after its original broadcast date.

[Click here to learn more](#), view the full schedule, register for upcoming webcasts, view recorded webcasts and access any nearby practice groups or group webcast screenings.

About the Webcast Series

Done in a committed way, the practices of soul retrieval can transform your life. They are typically used as a lifetime practice for nourishing one's inner being and restoring one's soul. More specifically, they can help you to:

- Avoid losing your vitality when faced with difficult life challenges.
- Revitalize your personal, family, and professional life.
- Recognize powerful internal and external sources of healing.
- Experience healing on all levels—physically, energetically, psychologically.
- Bring healing to others around you.
- Come home to your inherently joyful and creative nature.
- Progress on the path to higher liberation.

In the webcast series, Rinpoche will draw on the ancient teachings of soul retrieval from the Bön Buddhist tradition of Tibet. However, as with his upcoming book, the webcast course will focus only on the most essential aspects of the core teachings, omitting the traditional ceremonies and other rituals.

Course Begins Jan. 10, 2015

During the first webcast in the series, a full-day event on Jan. 10, Rinpoche will lead two teaching sessions and senior teacher Marcy Vaughn will lead two related practice sessions. Most but not all other monthly webcasts to come will take place from 3-4:30 p.m. Eastern Time U.S. (New York time) on the second Saturday of each month.

[View full schedule](#)

