

## Voice of Clear Light

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## Upcoming Webcast on Soul Retrieval Is Feb. 14

**Register Now—and Sign Up for Free Online Course!**



Throughout 2015, Tenzin Wangyal Rinpoche is offering a free, yearlong Internet course on the topic of Soul Retrieval. The course includes everything from free monthly live webcasts to multi-language discussion forums, recorded webcasts, MP3 audio recordings and downloadable print materials. It is based on Rinpoche's upcoming book *The True Source of Healing: How the Ancient Tibetan Practice of Soul Retrieval Can Transform and Enrich Your Life* (Hay House, June 2015).

[Read an excerpt  
from the book's introduction](#)

[Información en español](#)

Please join us for the next free live webcast in the series!

**Saturday, Feb. 14, 2015**

**3–4:30 p.m. Eastern Time U.S. (New York time)**

**The Five Natural Elements: Finding a Healthy Balance**

According to the Tibetan Bon teachings of soul retrieval, when certain elemental qualities become lost to us, we lose parts of our soul. When we are able to retrieve those qualities—when the essences of the five natural elements of earth, water, fire, air and space come into balance within us—our soul is restored to health. In this free live webcast, Geshe Tenzin Wangyal Rinpoche will discuss the five elements, their characteristic qualities, and signs

of balance and imbalance. He will explain the outer, inner, and sacred elements, and how they can influence us physically, energetically, mentally and spiritually. Rinpoche will then guide a simple practice for connecting deeply with each of the elemental qualities, and give suggestions for practicing in the weeks and months to come. This webcast introduces Part 2 of a free, yearlong course in soul retrieval and is open to all (viewing Part 1 is not required).

All course offerings are free and open to all. You must register separately for each live webcast event, as well as for the yearlong course with its full support materials.

- [Register now for the Feb. 14 webcast](#)
- [Register separately for the free yearlong Internet course with full support materials](#) .

During the live webcast, real-time translation will be offered in as many as 12 languages. You can [access these translations here](#).

Also you can view recordings of last month's full day webcast on Jan. 10: Reconnecting with Your Joyful Essence, in four sessions:

- [Session 1: Teaching with Tenzin Wangyal Rinpoche](#)
- [Session 2: Guided meditation with senior teacher Marcy Vaughn](#)
- [Session 3: Teaching with Rinpoche](#)
- [Session 4: Guided meditation with Marcy Vaughn](#)