

## Voice of Clear Light

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## Full-Day Free Live Webcast on June 13 with Tenzin Wangyal Rinpoche 'The True Source of Healing: Your Own Inner Refuge'

Please join Tenzin Wangyal Rinpoche and invited Tibetan Buddhist lamas online for this special free full-day live webcast on Saturday, June 13, 2015, 9 a.m.–4:30 p.m. Eastern time U.S. (New York time).

Your own inner refuge is the true source of all the elemental essences you need in order to heal your soul. In this daylong webcast event, Geshe Tenzin Wangyal Rinpoche will explain how you can discover the elemental qualities of earth, water, fire, air and space within the unbounded sacred space, pure awareness and genuine warmth of inner refuge. He will guide a formal meditation practice that you can do daily to restore your soul, and describe an informal practice for retrieving the elemental essences amid the challenges of everyday life. Senior student Lourdes Hinojosa will guide a separate meditation session. As a special closing presentation, invited lamas of other Tibetan Buddhist schools will join Rinpoche in discussing essential aspects of their meditative traditions.

### Schedule

The June 13 daylong webcast event will take place in four separate sessions, as shown below. Immediately upon registering you will receive your personal, unique viewing link for Session 1. For Sessions 2, 3, and 4, look for an email 15 minutes before each session is scheduled to begin; this email will contain your unique link for the coming session.

[Register now](#)

*All times shown are Eastern Time U.S. (New York time).*

**9–10:30 a.m.:** Teaching and guided meditation with Tenzin Wangyal Rinpoche

**11:15 a.m.–12:15 p.m.:** Guided Practice with senior student Lourdes Hinojosa

**1:15–2:45 p.m.:** Teaching and guided meditation with Tenzin Wangyal Rinpoche

**3:30–4:30 p.m.:** Teachings/presentations by Tenzin Wangyal Rinpoche and invited lamas of

other Tibetan Buddhist schools

This webcast is Part 5 of a free, yearlong course in soul retrieval and is open to all (viewing Parts 1 through 4 is not required).

[Learn more about the course](#)

[Chart of the five elements and their associated qualities](#)

**Real-time translation** will be offered in as many as 12 languages. You can access these translations [here](#) .

The yearlong course and webcast series are based on Rinpoche's upcoming book *The True Source of Healing: How the Ancient Tibetan Practice of Soul Retrieval Can Transform and Enrich Your Life*

(Hay House, July 7, 2015).

[Order the book now](#)

[Register for the webcast](#)

[Learn more](#)

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Mark your calendar for Rinpoche's next webcast on **June 27, 2015** (Saturday), 12-1:15 p.m. Eastern time: "Dream Yoga." Broadcast live from the annual Summer Retreat at Ligmincha's Serenity Ridge Retreat Center in Nelson County, Virginia (not a public talk, but webcast is open to all).

[Learn more](#)