



Announcing the Program for the Second Year of Lishu Institute Ma Gyud Will Be Focus of Residential Program in India



Lishu Institute announces its program of study for the second of year of its three-year residential program in Tibetan Bon Buddhism. The second year will focus on the Ma Gyud teachings, one of the major tantric cycles in the Bon tradition.

All are welcome to apply to attend the second year of teachings at Lishu Institute, including those who did not attend the first year. Lishu is located in Kotra Kalyanpur outside of Dehradun, India, in the Northern India state of Uttarakhand. Lishu is the vision of its spiritual director, Tenzin Wangyal Rinpoche, whose heartfelt wish is to preserve the precious spiritual and cultural traditions of Tibet. The first year of teachings, on the topic of the Nine Ways of Bon, began in September 2015.

The Ma Gyud Sangye Gyud Sum, which Tenzin Wangyal Rinpoche has taught over the past 20 years, is a teaching said to come directly from Dharmakaya Kuntu Zangpo, the primordial Buddha. Gyal Shen Mi Lu Sam Lek, a king of Zhang Zhung, received this teaching from the great mother Zangza Ringsun and spread this teaching. The Ma Gyud Sangye Gyud Sum was then passed down in an unbroken lineage till our Master Yongdzin Tenzin Namdak Rinpoche.



The Mandala is a sacred geometric symbol used in Hindu tantra to recognize the nature of mind. It is a complex design consisting of a central point, surrounded by concentric circles and squares, and is used as a visual aid for meditation and spiritual practice. [Second year application form](#)