



## Compassion and Enlightened Leadership Warmth in Action



Both enlightened leadership and serving others have so much to do with wisdom and compassion. For anyone who is on the spiritual path, particularly those of us on the Bon and Buddhist paths, wisdom and compassion are the true core aspects of our spiritual practice. To achieve liberation – final liberation, absolute liberation – compassion and wisdom are the two most important means. For all of us, one way or another, the purpose of our life is service to help others, and many times we do that from some position of leadership. To be a good leader and lead a good life with family, groups, even with your country, you need to have these core qualities of wisdom and compassion.

We do formal practices in our life, but if the informal practices that we do every day in our work and activities have these two elements of compassion and wisdom, then whatever we are doing becomes our spiritual practice. So having more compassion toward your children, your husband, partner, wife, family, relatives, colleagues, employees, boss, strangers – anytime when we encounter them in our everyday life – your regular life *becomes* your compassion practice.



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