Rinpoche is Keynote Speaker on 'Enlightened Leadership' October 8 Mindfulness Leadership Conference in Philadelphia, Pennsylvania



If you are near the Philadelphia area, join Geshe Tenzin Wangyal Rinpoche, on Saturday, October 8, as he gives the opening keynote address at the conference on Mindfulness and Leadership: Leading from Within at the University of Pennsylvania.

Rinpoche will give the opening keynote address on "Enlightened Leadership" October 8 from 7–9 p.m. at the Perelman Center for Advanced Medicine at the University of Pennsylvania. His address will explore how mindfulness and meditation facilitate leadership. True leadership connects us to the innate spaciousness of our being so that conflict arising from ego, attachment and aversion dissolve.

Meditative practices offer direct access to this spaciousness, allowing openness and compassion, necessary components of enlightened leadership, to grow. The evening will include a talk, guided meditation practice and discussion.

The conference continues the next day, October 9, from 9 a.m.–4 p.m. at the same location, with Tenzin Rinpoche and four other speakers.

The event is sponsored by the Penn Program for Mindfulness. Rob Patzig, president of Ligmincha International, and Alejandro Chaoul-Reich, Ph.D., Ligmincha's director of research and a faculty member at the University of Texas M.D. Anderson Cancer Center, collaborated on the conference. Ligmincha has sponsored four Buddhism and Science conferences in past years.

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