



Dzogchen Teachings at Lishu Institute **Consider In-Depth Study in Residential Program**



Lishu Institute announces the third year of its in-depth residential program of study. The year will focus on the study of dzogchen, the nature of mind, transmitted through the teachings of the Zhang Zhung Nyen Gyü. Anyone is welcome to apply, whether or not you have attended the first two years of the program.

The teachings will be held at Lishu Institute, near Dehradun in northern India, from September 2017 to June 2018 in three 10-week retreat sessions. The sessions are designed in a modular way so that one can come for the whole cycle or for one or two sessions. Both new and experienced students will benefit from this intensive practice-oriented retreat.

The Zhang Zhjung Nyen Gyü is one of the major dzogchen teachings in the Yungdrung Bön tradition. These teachings have been continuously transmitted from early times through an unbroken lineage.

The three cycles of teachings and their dates are:

- **September 4–November 10, 2017:** Demonstration of the meaning of the Tantra of the Twelve Small Precepts (practice on the natural state of the mind)
- **January 8–March 16, 2018:** The Practice Manual called the Six Essential Points of the Bodhichitta (The Six Lamps, practice of vision)
- **April 2–June 8, 2018:** The 21 Nails (the natural state from 21 points of view)

This is a great opportunity to learn and deepen your practice in a conducive environment not far from Menri Monastery.

[View poster for third year of teachings](#)

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