



Letter from the Editors

Serenity Ridge Lifting Higher!



Dear Friends,

With the help of many dedicated and talented sangha members who have contributed photographs over the years, there is a rich visual collection now being created that will be an archive of Ligmincha International, now 25 years old. You will soon be able to enjoy a beautiful tour through Ligmincha's history in a special 25th anniversary book, filled with photos and text, expected to be available in the fall. For now, though, we want to share with you some beautiful photos, both old and new, of Serenity Ridge in Nelson County, Virginia, home of Ligmincha International. We've sprinkled in a few photos of Tenzin Wangyal Rinpoche, Ligmincha's teacher and founder. Enjoy!

Celebrate Cyber-Sangha Week beginning October 22 as part of Ligmincha's 25th Anniversary celebration! Rinpoche has encouraged us all to trust in the power of the cyber-sangha, and as he said recently in a TWR LIVE broadcast from the summer retreat at Serenity Ridge to all those participating at the retreat and around the world:

"It is always in our hearts to try and stay open, to give support and receive support from each other. The openness is both ways – we are all here together."

Be sure to look for details about the new, upcoming TWR LIVE Facebook series on Pith Instructions beginning September 6. Check out the next Ligmincha Learning and GlideWing (brand new!) online workshops starting in September. Also coming soon – a new Tibetan language course to be offered online through Zoom!

Just announced: Yangton Lama Tashi Gyaltsen Rinpoche will give weekend dzogchen teachings at Serenity Ridge on the Invocation of Tapihritsa September 16–17. Of course, everyone is invited to the 25th Anniversary celebration on Sunday, October 22, following the annual Fall Retreat at Serenity Ridge. See how you may be able to help Ligmincha's resident lamas attend by donating frequent flyer miles. Also, there will be two Tibetan Yoga retreats at Serenity Ridge in November. Don't forget to register soon to get the early-bird discount for The 3 Doors Compassion Project online course. Learn about Rinpoche's upcoming retreats in Europe, Asia and the U.S. Last, you'll find the link to the Spanish translation of the June issue of the Voice of Clear Light.

In Bön,
Aline and Jeff